First Aid Checklist

Aches and Pains									
Aspirin									
Tylenol									
Ibuprofen									
Blisters									
Leukotape P									
Moleskin									
Minor Burns									
First Aid / Burn Cream									
Triple Antibiotic Cream									
Gauze / Bandage									
First Aid Tape									
Small, Bleeding Wounds									
Irrigation Syringe									
General First Aid / Triple Antibiotic									
3M Steri-Strip									
Adhesive Bandages (Band-Aids)									
(Optional) Tincture of Benzoin									
Minor Allergic Reactions									
Antihistamine (e.g. Benadryl)									
Hydrocortisone Cream									
Nausea and Diarrhea									
Antacid									
Anti-Diarrheal									
Electrolyte Salts									
Water Purification Tablets									
Tools									
Micro Cutting Blade									
Scissors									
Tweezers									
Finger Prick									
Sandpaper									
Nitrile Gloves									
CPR Mask									
Notebook									
Pencil									